Numbers continued to build in 2001 with a large field of over 30 runners and walkers competing in 3 separate races over 6 hours, 12 hours and 24 hours. The race started at 10 AM on Saturday 7 April and ended at 10 AM on Sunday 8 April. The venue was once again the Coburg Athletics Track in Melbourne and the weather was kind - it stayed mild and mostly overcast for the full 24 hours of the event.

61 year old Tasmanian Vlastic Skvaril won the 24 Hour race with 193.087 km , well ahead of Jerry Zukowski and Howard Neville. Warren Holst won the 12 Hour race with 115.214 km and Yiannis Kouros made a surprise appearance to win the 6 Hour race with 73.977 km .

Special mention to 75 year old Stan Miskin. After a long and illustrious ultra runner career, he retired in the early 90 's and moved from Melbourne to Queensland. In 2000, he sold up and returned to Melbourne and found himself living near ultra walker Fred Brooks. So it was back into the training shoes - he had already been toying with the idea of a final big effort. In October 2000, he travelled to Adelaide and completed 120 km in the Sri Chimnoy 24 hour event. Then back to some more training and onto this event in April 2001. His target was to break the Australian M75 running records. Of course, these were running records and Stan would be walking, but they seemed achievable targets. And Stan was successful in his aim. His final distance was 142.791 km , blitzing the previous record of 132.8 km , held by Aussie running legend Drew Kettle. Along he way, he also broke Drew's records for 12 hour, 50 miles and 100 km . A fitting achievement at the age of 75 !

Also on the walking front, Michael Harvey and Fred Brooks both walked 100 miles, thus entering the Centurion ranks.
Overall, an excellent weekend.

24hr Results

1. Vlastic SKVARIL
2. Jerry ZUKOWSKI
3. Howard NEVILLE 4. Michael HARVEY (walker)
4. Fred BROOKS (walker)
5. Allan DEVINE
6. Stan MISKIN (walker)
7. Peter ARMISTEAD
8. Don MACLUCAN
9. David JONES
10. Peter GRAY
11. Chris NIKOLAIDIS
12. Tony COLLINS
13. Shayne DEAN
14. Andrew LUCAS
15. Spiros DELLAPORTAS

Laps
M 48
M
M
M
M
M
M
M
M
M
M
M
M
M
F 254
F 247
$\begin{array}{ll}\mathrm{F} & 156\end{array}$
M

## 12hr Results

1. Warren HOLST
2. Bill BEAUCHAMP
3. Dawn PARRIS
4. Steve APPELBY
5. Steve SONNEVELD
6. Karyn BOLLEN (walker)
7. Bruce OHLENROTT
8. Ken RICHES (walker)
9. Phil ESSAM (walker)

M $\quad 28$
M 28
M $\quad 24$
F 238
M 229
M
F
M
M
M

## 6hr Results

1. Yiannis KOUROS
2. Ken MARSH
3. Ron CAMPBELL
4. Aaron MADSEN
5. Ken CARTER (walker)
6. Belinda ESSAM (walker)
M $\quad 18$

|  | 184 |
| :--- | :--- |
| M | 168 |

$$
0.014
$$

0.041
0.140
0.073
0.046
0.233
0.170
0.270
0.355
115.214 km 96.441 km 95.340 km 91.673 km 88.846 km 79.433 km 76.970 km 78.670 km 49.555 km
73.977 km
67.241 km 62.193 km 38.827 km 29.675 km 23.650 km

