

## 2000 COBURG 24 HOUR CARNIVAL, HAROLD STEVENS ATHLETICS TRACK, COBURG 8-9 APRIL

The new Coburg Harriers committee, ably led by Bernie Goggin, had reviewed the event finances after their first couple of years in charge and they realised that they needed more entrants if the event was to remain viable. The 2000 Coburg 24 Hour Carnival was enhanced to include 6 and 12 hour options to complement the traditional Victorian 24 Hour track championship and 24 Hour Relay. The strategy worked with 25 ultra competitors and 3 teams in attendance.

### 24hr Results

1.	Brian Smith	200.730km
2.	Tony Collins	187.027km
3.	Shirley Young [f]	176.810km (W70 world record)
4.	Carol Baird [f]	171.927km (walker)
5.	Howard Neville	160.450km
6.	Victor Hessell	136.800km
7.	Ron Hill	135.524km
8.	Rosemary Maries [f]	116.860km
9.	Max Carson	115.700km
10.	Peter Gray	111.529km
11.	Raymond Carroll	106.571km
12.	Chris Newman	78.000km
13.	Isak Ketsakidis	53.200km
14.	Peter Waddell	41.130km

### 12hr Results

1.	Helen Stanger [f]	121.060km
2.	Vlastik Skvaril	117.020km
3.	Bruce Ohlenrott	87.020km
4.	Kevin Mansell	81.060km
5.	Ken Carter	56.080km

### 6hr Results

1.	Ron Campbell	59.789km
2.	Ken Marsh	59.597km
3.	Carmela Carrassi [f]	40.342km (walker)
4.	Ray Lelkes	29.172km
5.	Robert Petrie	24.040km
6.	Evan Trapalis	14.000km

### 12 hour Relay Results.

1.	Essendon Young Guns	163.340 km
2.	Coburg Harriers	159.070 km
3.	Coburg Vets	155.582 km

### Report from Bev Car, Race Publicity

Saturday 8<sup>th</sup> April 10 a.m. began our 13<sup>th</sup> Victorian 24 hour Track Championship. This year we did not have Yiannis Kouros pounding our Coburg Track, as he is in Greece accepting an honour as an ambassador of Hellenism through his achievements for Greek culture. Cliff Young sent us a letter explaining he was entering a 1,000 mile race being held in Colac so could not attend. He is now 78 years old. So his distances are not getting any shorter.

**Brian Smith** (age 56) was this years winner of 24 hour covering 201.130 km running (502 laps) Brian gave a brilliant performance running in very warm conditions, I think it reached 27 degrees.

**Shirley Young** (age 70) came in third overall with 176.810km and was the winner in the women's section, again giving such a gutsy performance that athletes of all ages respected her marvellous effort. The pint sized Shirley never ceases to amaze with her incredible ultra performances. Her distance was a new W70 world age record and several of her splits were also age group world records.

**Carol Baird** (age 51) was first in the 24 hour walk category, covering 172.327km and bettering her Australian record. Carol was originally a Coburg resident before settling in ACT Canberra. An amazing performance and one that will be hard to beat.

**Raymond Carroll** (age 53) won the Gordon Burrowes Endurance Award and he certainly did endure. Tony Rafferty who is well known on the ultra scene was our official guest and presented the 24 Hour trophies.

**Helen Stanger** was first in the 12 Hour event, covering 121.703km. Helen collapsed at the end and needed St.John's Ambulance assistance, as the cold night and tiredness had taken their toll.

**Ron Campbell** was 1<sup>st</sup> in the 6 Hour division with 59.789km and Carmela Carrassi was the first of the women, having just resumed walking after a foot operation.

To Bernie Goggin our Race Organiser, you are to be congratulated for your successful event. Nothing happens without effort and Bernie's certainly was inspiring. Bernie also ran in the relay team, what energy. The organising of this event requires many many hours of preparation and Bernie's team sprang into action making everything possible. Brian Delaney spent time keeping the computer results flowing together with Debbie Canal. What a woman, Debbie helped cook, clean, was in the canteen, ran 2 sets of Relay runs as a team member did not turn up, lap scored as well as looking after her baby, and coped with all of these tasks beautifully.

I'm glad to say Debbie won a spot prize, as she certainly deserved it. Gordon Proudfoot, our President, presented the 6 Hour and 12 Hour Trophies, ran in the relay, helped lap score and helped with any other required duties.

Harold Stevens organised the trophies, helped Bernie set up, the day before, and despite his health, put in hard and was a very tired man at the end of the day.

Pauline Nippard was wonderful together with June Stevens in Canteen and I was told by several athletes what good cooks they were. Then after the event is over there is always the clean up & put away. You girls deserved a gold medal.

Extra special thanks to Malcolm Matthews (Computer Programmer) and Healing Hands Masseur Michael Gillian.

Many hours go into keeping this race going smoothly and I am very proud of the Harriers & Vets who made the effort to run in our relay teams and helped with the many hours of lap scoring.)

Little Casey Muscat (Mario Muscat's daughter) thank you sweetheart for selling our raffle tickets around the ground, Casey sold \$65.00 worth of tickets & won 2 movie passes for being the best raffle ticket seller. Thank you to those members who also sold raffle tickets for us. Saw Ray Villegas arrive at the end on Sunday to help all the tired club members put away tents, equipment, etc. Good to see that support coming when it is very much needed.

Thank you to Coburg Little Athletics for helping man the drink station, especially during the warm afternoon, and together with their parents (Also runs) who chose to run in the relay not for 12 hours but 24 hours. It helps create such a wonderful family atmosphere. Nothing is done without effort and with that effort we reach our own personal goals